

What Works? Analyzing Natural Variation in Program Components

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What Works, Under What Circumstances, and How?
Methods for Unpacking the “Black Box” of Programs and Policies*

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What Works? Analyzing Natural Variation in Program Components

- ❖ Goal: Answer ambitious questions with high degree of rigor
- ❖ Multi-component programs add complication to identifying evidence-based “programs” and disseminating them
- ❖ To really understand “what works,” need to systematically correlate the variation observed in impacts with the existence of specific program features.
- ❖ These three papers do this – two analyze results across many prior studies and one designed a new study that purposefully includes numerous sites and exploits the variation across those sites.

Understanding effects of specific program components can improve decisions about service delivery AND allocation of resources

- ❖ Individual service providers and administrators
- ❖ Program model developers
- ❖ Local funders
- ❖ State and federal policy-makers

Some challenges and advice

- ❖ No single study can answer all questions - decide which parts of the black box your study is positioned to pry open and focus on those

- ❖ Instead of trying to measure every possible influence, bolster rigor in other ways:
 - Find features that vary exogenously
 - Use more than one method / conduct sensitivity tests
 - Put bounds around degree of bias

- ❖ Find ways to communicate our level of confidence in these complex findings

Some challenges and advice

- ❖ To keep building knowledge *across* studies and fields:
 - Need progress on theory and empirical evidence: Which features are “necessary” for impacts, “why,” and “under what circumstances?”
 - Use common constructs and measures in implementation research, and include those results in publications
- ❖ Both syntheses and new studies would benefit from additional focus on the counterfactual

Conceptual Framework: Sources of Variation in Program Impacts

